



Cincy Senior Corner



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Your Free Monthly Publication

"In-Home Care Specialists"

TIPS FOR IMPROVED HEARING - Are you talking to me?

1. Get my attention before talking to me. – This allows me to “get ready” to listen.
2. Please don't speak to me from another room. – This is too difficult. I may hear you but won't understand.
3. Don't talk fast. – I would like to hear and understand rather than try to figure out what you said.
4. Face me when you talk to me. – I understand more if I see your face; don't cover your mouth while talking.
5. Come closer. – When standing closer your voice is louder and lipreading is much easier.
6. Turn down the noise. – Turn down the TV, radio, or air conditioner. Please understand that hearing in noise is difficult for me.
7. Just because I heard you doesn't mean I understood you. – Hearing is not the same as understanding.

Tips provided by Laurie DeWine, Au.D.,CCC-A; The Place for Better Hearing

Our Advice:

My dad (87 years old) wears hearing aids..... sometimes. I'm sure many reading this have been there. Use these suggestions from Laurie and pass them on so that the Elderly you communicate with can not only hear and understand the conversation, but enjoy it.

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A Caring Choice provides In-Home Care Services to enable Cincinnati's elderly to safely remain in their homes. Services are personalized, affordable, available 7 days per week - 24 hours per day and include: cooking, cleaning, laundry, transportation, personal hygiene assistance, companionship and medication reminders.

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Jim Kummer
President
A Caring Choice, Inc.

